

Health and Wellness in Henry County & Martinsville

Find out how your gift is making a difference every day of the year or find out where volunteers are needed most, visit unitedwayofhcm.org!



*When you have no health insurance,
When you are underinsured,
When you can't afford medical care for
yourself or your loved ones,
When you don't have the resources to
manage or prevent illness,*

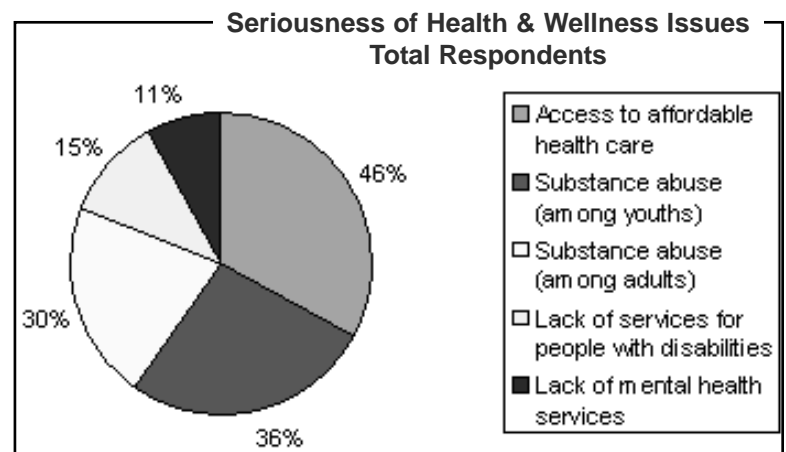
How can you plan for the future?

What We Need to Achieve the Vision:

- ▶ All people have access to affordable medical, dental and behavioral care and affordable medications.
- ▶ People know where to call for referrals to healthcare providers and support services.
- ▶ People have the skills necessary to maintain individual and family health.

Interesting Facts About Health and Wellness in Martinsville and Henry County

- ▶ The number of people who are uninsured and underinsured is increasing in Martinsville and Henry County's population. (Health Department)
- ▶ The Centers for Disease Control and Prevention report that 70% of all deaths in this country are caused by illnesses that are not managed or treated in their early stages. Two-thirds of deaths in people under 75 years of age could potentially be prevented by better lifestyle choices.
- ▶ There is not a child psychiatrist located within 50 miles of Martinsville and Henry County.
- ▶ Martinsville and Henry County's obesity rate is substantially higher than the state average. Approximately 35% of local area adults are within the healthy weight classification as compared to a 44% average for Virginia. (Virginia Department of Health Center for Primary Care and Rural Health)
- ▶ The Free Medical Clinic served 1,188 patients in 2006, a 26% increase from the prior year, with 549 needing medication assistance.
- ▶ Martinsville and Henry County are located in a medically underserved area and experiencing a health professional shortage for primary care physicians and mental health professionals. Medically underserved areas and health professional shortage areas are federal designations of communities that need additional primary health care services because an adequate amount of health resources are not available within a 30-minute commute. (Virginia Department of Health Center for Primary Care and Rural Health)
- ▶ Approximately 80% of the Harvest Foundation's Health Needs Assessment respondents stated they had some type of health care coverage such as HMOs or Medicare and that they had a personal doctor. (Health Needs Assessment, The Harvest Foundation, 2003)
- ▶ 18% of Martinsville City's Middle School students and 24% of Henry County's Middle School students report cigarette use within the last year as compared to the 16% nationwide average. In addition, 18% of Martinsville's Middle School students and 14% of Henry County's Middle School students report using Marijuana in the past year as compared to 8% nationwide. (Health Needs Assessment, The Harvest Foundation, 2003)



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What's Working Now

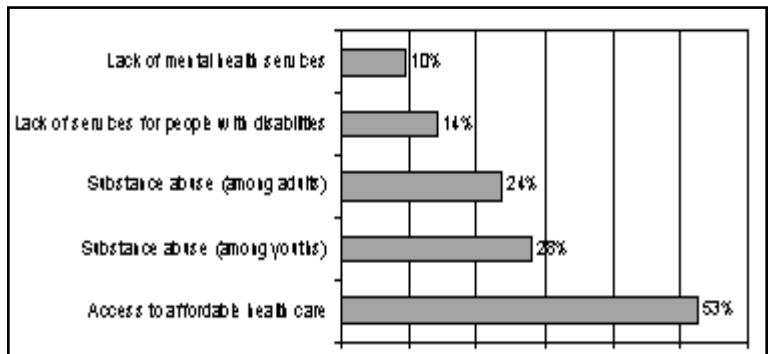
- ▶ United Way's Success By 6 initiative helps parents and caregivers with practical strategies to guide children's health and nutrition.
- ▶ The Coalition for Health and Wellness is working toward making Martinsville and Henry County families and children healthier through nutrition programs, early prevention screenings, exercise and free medical and medication assistance.
- ▶ Piedmont Community Services works to reduce underage drinking and smoking through its CHILL program which is made up of local youth promoting positive choices.
- ▶ Education about healthy practices is offered to youth through a number of nonprofits and school programs.
- ▶ The Dental Clinic offers free or reduced dental care to low-income individuals, including children.
- ▶ The Free Medical Clinic formed a referral relationship with University of Virginia Health Systems for specialty and follow-up care, averaging 10 patients per month.

Gaps in Achieving Health and Wellness Vision

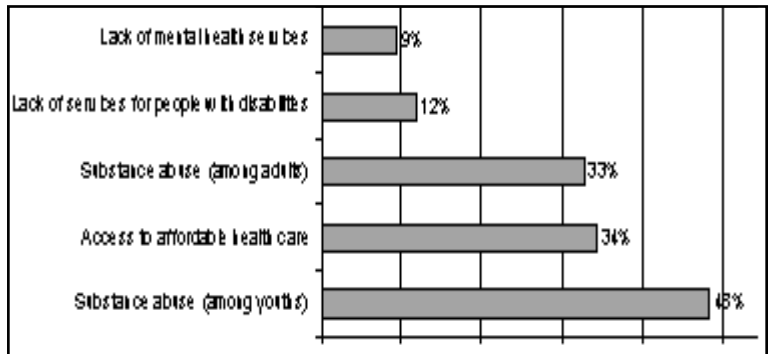
Some resources exist in the community to support a healthy community, but a number of problems persist:

- ▶ Without adequate health insurance, the cost of preventative healthcare and early diagnostic testing to identify illnesses at an early stage becomes prohibitive.
- ▶ In addition to lack of financial resources, many people are unable to receive adequate healthcare services due to lack of transportation.
- ▶ It can be difficult for people relying on Medicaid to find a provider.
- ▶ People without prescription insurance coverage have greater difficulties obtaining affordable medications. This in turn can decrease the effectiveness of medical care.

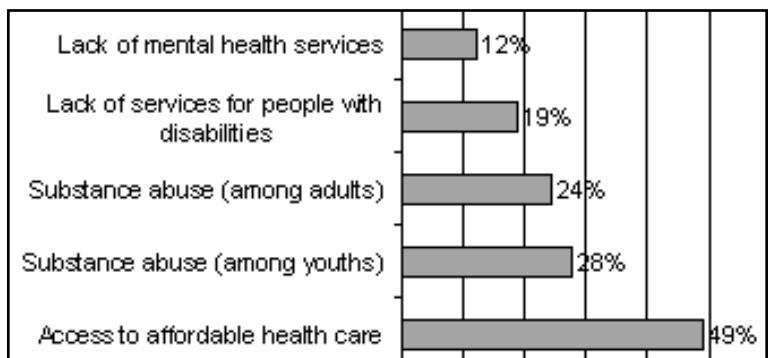
Rating of Basic Needs Issues
for Less Affluent Residents (income less than \$30K)



Rating of Basic Needs Issues
for Affluent Residents (income more than \$80K)



Rating of Basic Needs Issues for Black Residents



Rating of Basic Needs Issues for Hispanic Residents

