

# **Our June 2025 Impact**

## **Healthy Hearts...**

On Saturday, June 21, our CHWs participated in the launch of the Healthy Heart Learning Collaborative at the new Healthy Heart Hub provided by the YMCA.

This gathering provided information to the community on the free exercise and nutrition classes to be held on Tuesdays and Thursdays. More information can be found on their Facebook group page here.

Featured throughout the day were a heart health walk, blood pressure screenings, food vouchers given by our Growth & Opportunity Center, a DJ, car show, and a booth set up by SOVAH. Mayor L.C. Jones attended and declared Martinsville a Heart Healthy City. This designation puts Martinsville on a list of two within the state of Virginia to receive the title of a Heart-Healthy City.







# Week of Reading...

In June, our MHC Partners for Children celebrated their Week of Reading with the help of 33 dedicated volunteers from our area who visited 18 locations, including childcare centers and summer camps, sharing their love of books with nearly 460 children across 40 classrooms.

The volunteers read for nearly 720 minutes, creating engaging experiences and bringing magical stories to life. Each book sparked curiosity and joy, fostering meaningful conversations among the children.

This initiative reflects MHC
Partners for Children's
commitment to promoting early
literacy and ensuring every child
has the opportunity to fall in
love with reading.

Thank you to all the volunteers and to everyone who contributed to the success of this week!









#### Financial Security and United We Volunteer...

June was a busy month for our staff! The SRSC held their Annual Hispanic Heritage Festival, which allowed Maria, Financial Services Specialist, and Autumn, AmeriCorps Program Director, to interact and promote the many programs, services, and ways to volunteer with UWHCM and in our community via EngageHCM.org.

EngageHCM has been out and about in the area! The first **United We Volunteer** event was held on June 27, with another scheduled for Friday, July 25. We hope to see you there!

If you're interested in learning more about EngageHCM, please contact **Brandy** for more information. You can also read about June's Volunteer Spotlight featuring **Regina** on the EngageHCM blog!





## In Our Community...

Erica Penn-Reynolds, of Erica's Humble Hearts Learning Academy, received a New Business Expansion Micro-Grant to assist with opening her childcare center at 7 Peters St., Martinsville, which will operate 6 a.m. to 8 p.m., Monday through Friday, serving ages 2 through 12.



Sponsorships are now open and Teams are still being accepted! Click here for more information.









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